

Vision Cast 2025: Rooted In Routine  
The Routine Of Worship (1 of 5)  
Cornerstone Church of Poway  
Pastor Ed Turley  
December 29<sup>th</sup>, 2024

Sermon Notes

**Big Idea:** If you want unwavering faith, then you must build consistent spiritual routines.

**Our Mission** as a church is: *"Helping people find and follow Jesus"*

**Our Vision:** To be a church who **worships passionately**, connects in community, grows in faith, serves selflessly, and shares Jesus boldly.

**"All the believers** devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer." **Acts 2:42 (NLT2)**

### Remember Verse

Hearing that Jesus had silenced the Sadducees, the Pharisees got together.

<sup>35</sup> One of them, an **expert** in the law, tested him with this question: <sup>36</sup> "Teacher, which is the **greatest** commandment in the Law?" <sup>37</sup> Jesus replied: **"Love the Lord your God with all your heart and with all your soul and with all your mind."** <sup>38</sup> This is the first and greatest commandment. <sup>39</sup> And the second is like it: **"Love your neighbor as yourself."** <sup>40</sup> All the Law and the Prophets hang on these two commandments."

**Matthew 22:34-40 (NIV)**

### The Routine Of Worship:

#### 1. Creates Consistency in Seeking God

"Give ear to my words, O LORD, consider my sighing. <sup>2</sup> Listen to my cry for help, my King and my God, for to you I pray. <sup>3</sup> In the morning, O LORD, you hear my voice; in the morning I lay my requests before you and **wait** in expectation. <sup>4</sup> You are not a God who takes pleasure in evil; with you the wicked cannot dwell. <sup>5</sup> The arrogant cannot stand in your presence; you hate all who do wrong. **Psalm 5:1-5 (NIV)**

Shout with joy to the LORD, all the earth! <sup>2</sup> Worship the LORD with gladness. Come before him, **singing** with joy. <sup>3</sup> **Acknowledge** that the LORD is God! He made us, and we are his. We are his people, the sheep of his pasture. <sup>4</sup> Enter his gates with **thanksgiving**; go into his courts with **praise**. **Give thanks** to Him and **praise** His name. <sup>5</sup> For the LORD is good. His **unfailing love** continues forever, and His **faithfulness** continues to each generation. **Psalm 100:1-5 (NLT2)**

#### 2. Provides Stability During Challenges

At this, the administrators and the satraps tried to find grounds for charges against Daniel in his conduct of government affairs, but they were **unable** to do so. They could find **no corruption** in him, because he was **trustworthy** and **neither corrupt nor negligent**.

<sup>5</sup> Finally these men said, "We will never find any basis for charges against this man Daniel unless it has something to do with the law of his God." **Daniel 6:4-5 (NIV)**

So the administrators and high officers went to the king and said, "Long live King Darius! <sup>7</sup> We are all in agreement—we administrators, officials, high officers, advisers, and governors—that the king should make a law that will be strictly enforced. Give orders that for the next **thirty days** any person who prays to anyone, divine or human—except to you, Your Majesty—will be thrown into the den of lions. <sup>8</sup> And now, Your Majesty, issue and sign this law so it cannot be changed, an official law of the Medes and Persians that cannot be revoked." <sup>9</sup> So King Darius signed the law. <sup>10</sup> But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God. **Daniel 6:6-10 (NLT2)**

<sup>25</sup> Then King Darius sent this message to the people of every race and nation and language throughout the world: "Peace and prosperity to you! <sup>26</sup> "I decree that everyone throughout my kingdom should tremble with fear before the God of Daniel. For he is the living God, and he will endure forever. His kingdom will never be destroyed, and his rule will never end. <sup>27</sup> He rescues and saves his people; he performs miraculous signs and wonders in the heavens and on earth. He has rescued Daniel from the power of the lions." <sup>28</sup> So Daniel prospered during the reign of Darius and the reign of Cyrus the Persian. **Daniel 6:25-28 (NLT2)**

### **3. Leads The Next Generation Of Followers**

Hear, O Israel: The LORD our God, the LORD is one. <sup>5</sup> Love the LORD your God with all your heart and with all your soul and with all your strength. <sup>6</sup> These commandments that I give you today are to be upon your hearts. <sup>7</sup> Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. **Deuteronomy 6:4-7 (NIV)**

"You have six days each week for your ordinary work, but the seventh day is a Sabbath day of complete rest, an official day for holy assembly. It is the LORD's Sabbath day, and it must be observed wherever you live. **Leviticus 23:3 (NLT2)**

#### **My Next Right Step I Will:**

- [ ] *Attend* this series 'Rooted In Routine' weekly
- [ ] Spend time in my Bible, prayer, & praise *Daily*
- [ ] Establish Our Family of Faith

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[This is only a guide – select the points you want to discuss.]

**Big Idea:** If you want unwavering faith, then you must build consistent spiritual routines.

**Today's Idea:** Consistent spiritual routines of worship build an unwavering faith that sustains us through every challenge.

**Icebreaker Question:**

What's one routine or habit in your life (e.g., exercise, meal planning, or a morning ritual) that helps you stay grounded during busy or stressful seasons?

**Opening Prayer**

Invite someone to pray for the discussion, asking God to guide the group in understanding and applying the importance of worship as a spiritual routine.

**Discussion Questions**

**Reflect on the 'Big Idea'**

"If you want unwavering faith, then you must build consistent spiritual routines."  
How does this statement resonate with you?

What challenges or obstacles make it difficult to maintain spiritual routines in your life?

**1. Creates Consistency in Seeking God**

"**All the believers** devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer." **Acts 2:42 (NLT2)**

Remember Verse

What stands out to you about the early church's spiritual routines?

How does fellowship, teaching, and prayer contribute to unwavering faith?

Analogy: "A Lighthouse on a Stormy Coast"

Just as a lighthouse must remain steady to guide ships through storms, spiritual routines act as beacons, keeping us anchored in God's presence.

How has worship been a "lighthouse" in your life during tough times?

## **Read: Psalm 5:1-5**

What benefits do you think can come from starting your day with God?

How can you make morning worship or prayer a consistent routine?

Analogy: "Daily Bread"

Just as our bodies need daily nourishment, our souls thrive on regular spiritual sustenance. Skipping worship can leave us spiritually malnourished.

What's one way you can "feed your soul" this week?

## **2. Provides Stability During Challenges**

### **Read: Daniel 6:4-28**

How did Daniel's consistent routine of worship prepare him to face the lion's den?

What routine's help you stay focused on God during difficult times?

Analogy: "Roots of a Tree"

Like a tree with deep roots that can withstand storms, spiritual routines help us stand firm. Without roots, we are easily toppled.

What "roots" do you need to strengthen in your spiritual life?

## **3. Leading the Next Generation Of Followers**

### **Read: Deuteronomy 6:4-7**

How can consistent worship routines be a testimony to the next generation?

If you don't have children, how can you influence others (e.g., family, friends, or mentees)?

Analogy: "Passing the Torch"

Faith routines are like passing a torch in a relay race. If we don't hand off the torch, the race cannot continue. What's one practical way you can "pass the torch" this week?

Commit to one new or renewed spiritual routine this week (e.g., morning prayer, worship music during your commute, or a gratitude journal). Share what you'll do with the group.

Group Challenge: Choose a routine to practice together as a small group. For example, start or end each meeting with worship or prayer.

Closing Prayer

Invite the group to pray, thanking God for the power of worship to stabilize, guide, and sustain us. Ask for His help in building consistent routines and passing on faith to others.