

Ephesians: Finding Our True Identity
How To Love A Worthy Life #8
Cornerstone Church Of Poway
Pastor Ed Turley
September 22, 2024

Sermon Notes

Big Idea: "The unifying power of Christ transforms our identity, deepens our relationships, and guides our purpose."

We Can Live A Worthy Life When We:

1. Walk In Gratitude For What Jesus Did For Us

¹ As a **prisoner for the Lord**, then, I urge you to live a life worthy of the calling you have received. **Ephesians 4:1 (NIV)**

- ✓ God chose us in Jesus before the creation of the world... Ephesians 1:7
- ✓ God adopted us through Jesus Christ... Ephesians 1:8
- ✓ Jesus redeemed us through His blood, the forgiveness of sins, in accordance with the riches of God's grace... Ephesians 1:7
- ✓ We are sealed by the Holy Spirit... Ephesians 1:13
- ✓ We are saved because of God's grace and mercy... Ephesian 2:1-9

For it is by grace you have been saved, through faith--and this not from yourselves, it is the gift of God--⁹ not by works, so that no one can boast. **Ephesians 2:8-9 (NIV)**

Notes: _____

2. Walk in Humility As We Pursue Unity

² Be completely humble and gentle; be **patient**, bearing with one another in **love**. **Ephesians 4:2 (NIV)**

- ✓ Jesus washed the feet of the disciples as an example to follow. John 13:13-

A bruised reed he will not break, and a smoldering wick he will not snuff out, till he leads justice to victory. ²¹ In His name the nations will put their hope." **Matthew 12:20-21 (NIV)**

³ Make every effort to **keep** the unity of the Spirit through the **bond of peace**.

⁴ There is **one body** and **one Spirit**-- just as you were called to **one hope** when you were called-- ⁵ **one Lord, one faith, one baptism**; ⁶ **one God** and Father of all, who is over all and through all and in all. **Ephesians 4:3-6 (NIV)**

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Talk It Over

Family Corner: [Choose one day this week to ask questions to go deeper in faith as a family. Try this over dinner. Keep it to 12 minutes or less.]

Opening Prayer:

Begin your discussion with a prayer, asking God to guide your conversation and help everyone understand and apply the truths from Ephesians 4:1-15.

Icebreaker:

Share a time when you worked together with others on a project or goal. What made the collaboration successful?

Discussion Questions:

We Can Live A Worthy Life When We:

1. Walk In Gratitude For What Jesus Did For You

Read Ephesians 4:1

What are some of the blessings Paul reminds us of about our salvation?

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What does it mean to live a life worthy of our calling?

2. Walk in Humility As We Pursue Unity

Ephesians 4:2-6

Out of the qualities listed in 4:2-3, which ones do you demonstrate the best?

The worst?

How can practicing humility, gentleness, and patience foster unity in our church and community?

3. Walk In Service To Help People Find and Follow Jesus

Ephesians 4:7-16

What is the purpose of Jesus giving gifts to his people?

Why is it important that each part of His body does their work?

How can you identify and develop your spiritual gifts?

Read Romans 12:4-8 & 1 Corinthians 12:1-3, 4-7, 8-31

What does Paul emphasize about spiritual gifts?

What are some practical ways you can use your gifts to serve others and build up the church?

How can we support and encourage each other in our unique roles within the body of Christ?

Here is a list of some of the areas people serve at Cornerstone.

Where is God calling you to serve?

- Biblical Teaching & Preaching Small Group Leader
- Men's & Women's Ministry Worship Team
- Media Team Children's Ministry
- Youth Ministry Pickleball Set up & Close
- Bread Ministry: Tue. Fri. Prayer/ Celebration of Life Quilts
- Care Team: Prayer & Visitation Local Missions Life Choices, Interfaith,
- Administration Website Social Media
- Facilities: Scheduling maintenance & upgrades. Participating
- Marriage Ministry: Marriage Retreats, Date Nights, Mentors
- Church Center Communications Financial Integrity: Elders & Deacons