

**“Keeping the AHA in your Relationships”
Cornerstone Church of Poway
Pastor Bill Farrel
October 1, 2023**

There are three skills that have the ability to enhance every relationship in our lives.

Attitudes (Philippians 2:3-5)

The word literally means, “Exercise the mind.”

#1: We are in this together. (Romans 12:5)

#2 We are better together. (Ecclesiastes 4:12)

Habits (Hebrews 5:14)

Prioritize your focus.

Practice non-verbal Communication.

Affection

Encourage with words. (Ephesians 4:29)

Encourage one another’s unique ability. (Ephesians 2:10)

Action Steps:

Tell somebody this week, “We are in this together!”

Ask yourself, “Do my actions match my words?”

Compliment someone’s unique ability this week.

“Keeping the AHA in your Relationships”
Cornerstone Church of Poway
Pastor Bill Farrel
October 1, 2023



Family Corner: [Choose one day this week to ask questions to go deeper in faith as a family.]

Big Idea:

To know Who Jesus is and to place our confident trust in Him as our Lord & Savior.

Open in Prayer.

Icebreaker: What needs do you spend most of your time trying to satisfy?

Small Group Questions:

1. Did anything from this week’s message stand out to you personally? If so, describe how it affected you.
2. Who are the people in your life that help you be the best version of yourself?
3. What are the “A” priorities in your life?
4. What was the most interesting thing you learned about non-verbal communication this week? How has it helped you with your interactions with others?
5. What unique ability do you think God has given you?
6. What do you think we can do to help others recognize their unique abilities?