

**Life's Healing Choices: 1 of 8**  
**"The Reality Choice"**  
**Cornerstone Church of Poway**  
**Pastor Ed Turley**  
**October 9, 2022**

**The Reality Choice:** Realize I'm not God. I admit I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable.

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."

**Matthew 5:3 (NIV)** Remember Verse

"If we claim we have no sin, we are only fooling ourselves and not living in the truth."

**1 John 1:8 (NLT2)**

"A certain ruler asked him, "Good teacher, what must I do to inherit eternal life?" "Why do you call me good?" Jesus answered. "No one is good--except God alone. You know the commandments: 'Do not commit adultery, do not murder, do not steal, do not give false testimony, honor your father and mother.'" **"All these I have kept** since I was a boy," he said. When Jesus heard this, he said to him, "You still lack one thing. Sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me." When he heard this, he became very sad, because he was a man of great wealth."

**Luke 18:18-23 (NIV)**

**For My Healing:**

**1. Admit I Am Spiritually Bankrupt**

**(Exodus 20:2-17)Heaven's entrance exam: Pass / Fail**

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|---|---|
| 1. You shall have no other gods before Me.<br>[ ] Trust God only                          | 2. You shall not make idols.<br>[ ] Worship God only                      |
| 3. Never take the name of the LORD in vain.<br>[ ] Do not misuse God's name               | 4. Remember to keep the Sabbath holy<br>[ ] Rest & worship on the Sabbath |
| 5. Honor your father and your mother.<br>[ ] Respect & obey your parents                  | 6. You shall not murder.<br>[ ] Protect & respect human life              |
| 7. Never commit adultery.<br>[ ] Be true to your spouse                                   | 8. You shall not steal.<br>[ ] Do not steal                               |
| 9. You shall not bear false witness against your neighbor.<br>[ ] Do not lie about others | 10. You shall not covet.<br>[ ] Be satisfied with what you have           |

“Obviously, the law applies to those to whom it was given, for its purpose is to keep people from having excuses, and to show that the entire world is guilty before God. For no one can ever be made right with God by doing what the law commands. The law simply shows us how sinful we are.” **Romans 3:19-20 (NLT2)**

For all have sinned; all FALL SHORT of God's glorious standard.” **Romans 3:23 (NLT)**

## **2. Admit I Am Powerless**

“While Jesus was having dinner at Matthew's house, many tax collectors and ‘sinners’ came and ate with him and his disciples. When the Pharisees saw this, they asked his disciples, “Why does your teacher eat with tax collectors and ‘sinners’?” On hearing this, Jesus said, “It is not the healthy who need a doctor, but the sick. But go and learn what this means: ‘I desire mercy, not sacrifice.

‘For I have not come to call the righteous, but sinners.” **Matthew 9:10-13 (NIV)**

“I don’t understand what I do. For what I want to do I don’t do, but what I hate to do, I do! ...I know that nothing good lives in my sinful nature. I have the desire to do what is good, but I cannot carry it out.” **Romans 7:15 & 18b (NIV)**

Notes: \_\_\_\_\_

## **3. Humble Myself and Accept God’s Answer is Jesus**

“Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord.”

**Romans 7:24-25a (NLT2)**

“But now God has shown us a way to be made right with him without keeping the requirements of the law, as was promised in the writings of Moses and the prophets long ago. We are made right with God by **placing our faith in Jesus Christ**. And this is true for everyone who believes, no matter who we are.” **Romans 3:21-22 (NLT2)**

➤ Am I able to control every thought, behavior, attitude and reaction?

“If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.” **Romans 10:9 (NLT2)**

Notes: \_\_\_\_\_

### **My next right step, I will:**

- Accept Jesus as my Lord and Savior
- Share with someone about my choice.
- Attend a small group in October

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[This is only a guide – select the points you want to discuss]

**Open in Prayer.**

**Icebreaker:** What was your favorite thing to do in P.E. that you were good at?  
Which activity or sport would be your weakest today?

**The Reality Choice:** Realize I'm not God. I admit I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable.

**Read Luke 18:18-23**

How would your life measure up to this rich ruler?

Why do you think Jesus asked him to sell everything and give it to the poor and then follow him?

What would have been your response to Jesus?

**For My Healing:**

**1. Admit I Am Spiritually Bankrupt**

"Blessed are the **poor in spirit**, for theirs is the kingdom of heaven."

**Matthew 5:3 (NIV) Remember Verse**

**(Exodus 20:2-17) Heaven's entrance exam: Pass / Fail**

- |  |  |
|--|--|
| <input type="checkbox"/> Trust God only              | <input type="checkbox"/> Worship God only                |
| <input type="checkbox"/> Do not misuse God's name    | <input type="checkbox"/> Rest & worship on the Sabbath   |
| <input type="checkbox"/> Respect & obey your parents | <input type="checkbox"/> Protect & respect human life    |
| <input type="checkbox"/> Be true to your spouse      | <input type="checkbox"/> Do not steal                    |
| <input type="checkbox"/> Do not lie about others     | <input type="checkbox"/> Be satisfied with what you have |

Could you say you kept all of these since you were young? Why or why not?

How many of the ten commandments deal with our relationship with God?

How many are directed to our relationship with people?

Why do you think both are important?

**Read Romans 3:19-20, 23**

What do you learn from this passage?

## **2. Admit I Am Powerless**

**Read Matthew 9:10-13**

Why did the religious rulers have a problem with Jesus?

What was Jesus' reply?

What do you learn about God's heart?

**Read Romans 7:15 & 18**

What do you learn about Paul's struggle?

Can you relate?

## **3. Humble Myself And Accept God's Answer Is Jesus**

**Read Romans 7:24-25**

What is the answer to our sin problem?

**Read Romans 3:21-22**

How did God make a way for us?

Have you placed your faith in Jesus?

**Read Romans 10:9**

According to this passage, what must you do in order to be saved?

What does it mean to confess Jesus as Lord?

Have you made this step of faith?

If so, when?

**Close in Prayer:** Start praying. Be bold and pray specifically.