

HOW TO BOUNCE BACK IN LIFE
Cornerstone Church of Poway
Dave Page
October 2, 2022

1. BELIEF: GOD IS GOOD. (Romans 8:28)

“For though the righteous fall seven times, they rise again.” (Proverbs 24:16)

3 Categories of People:

- **Before Pain**
- **In Pain**
- **After Pain**

NOTES: _____

2. CHOICE: TURN YOUR ADVERSITY INTO ADVANTAGE. (Cross)

3 Ways:

- **Name it.**
- **Own it.**
- **Share it.**

3. ACTION: ALLOW GOD TO TURN YOUR MESSSES INTO ...

MASTERPIECES. (Potter and Clay)

NOTES: _____

HOW TO BOUNCE BACK IN LIFE
Cornerstone Church of Poway
Dave Page
October 2, 2022



[This is only a guide – select the points you want to discuss]

Begin with prayer:

Has your life up to this point turned out how you thought it would? Explain.

What has been a turning point event in your life? An event that happened to you that has changed your life forever. Explain.

Are you currently experiencing a trial in your life? If so, what is it?

The first key factor to bouncing back is the belief that God is good. Do you believe that? If so why, and if not, why not?

What are some Scripture verses that affirm the goodness of God? Share a couple verses.

What category of the 3 categories of people described in the message do you relate with most?

3 Categories of People in Life:

- Before Pain
- In Pain
- After Pain

The second key factor to bouncing back in life is to choose to turn your adversity into advantage.

How did God turn the cross of Jesus Christ into an advantage? A negative into a positive?

Describe a time in your life where you messed up, where you made a mistake and bounced back from it?

What lessons did you learn from that mess?

What were the feelings you remember that surrounded that mess?

What specific results did you get from overcoming that mess?

The third key factor to bouncing back is to act, to allow God to turn your messes into masterpieces.

Do you recall the illustration in the message about God being the potter and we as human beings being the clay? What is the responsibility of the clay?

Is there a mess in your life that God has turned into a masterpiece? Explain.

Are you currently in a mess right now? Explain.

Has God turned your mess into a message in your life or into a ministry in your life where you are now helping others go through the same kind of mess you were in? Explain.

Remember: If you give it to God, he can transform your mess and into a message, your test into a testimony, your pain into purpose, your misery into a ministry.

God is GOOD!