

“Focus”
Cornerstone Church of Poway
Pastor Joey Orate
June 12, 2022

1. Guard Your Heart

Proverbs 4:23 (NIV)

“Above all else, guard your heart, for everything you do flows from it.”

Psalm 73:26 (NIV)

“My flesh and my heart may fail, but God is the strength of my heart and my portion forever.”

Psalm 51:10 (KJV)

“Create in me a clean heart, O God, and renew a right spirit within me.”

Philippians 4:6-7 (NLT)

⁶“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”

Notes: _____

2. Stand Firm

1 Peter 5:8-9 (NLT)

⁸“Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. ⁹Stand firm against him, and be strong in your faith. Remember that your family of believers^[a] all over the world is going through the same kind of suffering you are.”

Matthew 7:24-27 (NIV)

²⁴ “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. ²⁵ The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. ²⁶ But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. ²⁷ The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”

Ephesians 2:20-22 (NIV)

“Having been built on the foundation of the apostles and prophets, Christ Jesus Himself being the corner stone, in whom the whole building, being fitted together, is growing into a holy temple in the Lord, in whom you also are being built together into a dwelling of God in the Spirit.”

Notes: _____

3. **Focus** Your Eyes

Proverbs 4:35 (NLT)

“Look straight ahead, and fix your eyes on what lie before you.”

Hebrews 12:2 (NIV)

² “fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.”

Isaiah 41:10 (NIV)

“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

Next Right Steps:

1. **Guard** your heart, **Stand** firm, and **Focus** your eyes.
2. **Accept** Jesus into your heart as your Lord and Savior.
3. **Renew** your relationship with God and **Trust** Him in every part of your life.

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[This is only a guide – select the points you want to discuss]

Open your group with prayer.

Ice breaker: What plans do you have for the summer?
How can you focus on those plans to make the most of your time?

1. Guard Your Heart

Read Proverbs 4:23

What are some things in your life that can help guard your heart?

Read Philippians 4:6-7

How can we experience God's peace?

2. Stand Firm

Read Peter 5:8-9

Why must we stay alert?

Read Matthew 7:24-27

How should we build our house?

3. Focus Your Eyes

Read Hebrews 12:2

Where should we fix our eyes?

Read Isaiah 41:10

What is God's promise to us?

Close in Prayer: Focus on God in all things to lead and guide you with wisdom this week!

(Focus this week on God!)