

The Truth That Transforms: The Book Of Romans
“How To Have A Spiritual Mindset” Romans 8:5-9
Cornerstone Church of Poway
Pastor Ed Turley
August 8, 2021

Big Idea: If we want real life change, we must allow God’s Word to transform us.

How To Have A Spiritual Mindset:

1. Realize I Am Responsible For My Mindset

“Don’t **copy** the **behavior and customs** of this world, but let God **transform** you into a new person by **changing the way you think**. Then you will learn to know God’s will for you, which is good and pleasing and perfect.” **Romans 12:2 (NLT2)**

“Those who live according to the **sinful nature** have their **minds set** on what that **nature desires**; but those who live in accordance with the Spirit **have their minds set on what the Spirit desires**. The mind of sinful man is death, but **the mind controlled by the Spirit is life and peace**; the **sinful mind is hostile to God**.

It **does not submit** to God's law, nor can it do so. Those controlled by the sinful nature cannot please God.” **Romans 8:5-8 (NIV)**

Notes: _____

2. I Must Starve My Fleshly Mindset

“Those who live according to the **sinful nature** have their **minds set** on what that **nature desires**... The mind of sinful man is death... the **sinful mind is hostile to God**. It **does not submit** to God's law, nor can it do so. Those controlled by the sinful nature cannot please God.” **Romans 8:5-8 (NIV)**

“**Do not let sin control the way you live**; do not give in to sinful desires. Do not let any part of your body become an **instrument** of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God.”

Romans 6:12-13 (NLT2)

“**Cling to your faith in Christ**, and keep your **conscience clear**. For some people have **deliberately** violated their consciences; as a result, their faith has been **shipwrecked**.” **1 Timothy 1:19 (NLT2)**

“The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; **hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy**; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this **will not** inherit the kingdom of God.” **Galatians 5:19-21 (NIV)**

Notes: _____

3. I Must Feed My Spiritual Mindset

“... but those who live in accordance with the Spirit have their **minds set on what the Spirit desires**. ... the mind controlled by the Spirit is **life and peace**...

You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you.” **Romans 8:5-9a (NIV)**

“For the kingdom of God is not a matter of eating and drinking, but of **righteousness, peace and joy** in the Holy Spirit, because anyone who serves Christ in this way is pleasing to God and approved by men.”

Romans 14:17-18 (NIV)

- **What is right?**

“All Scripture is God-breathed and is useful for **teaching, rebuking, correcting and training** in righteousness, so that the man of God may be thoroughly **equipped** for every good work.” **2 Timothy 3:16-17 (NIV)**

- **What will bring peace?**

“Since God chose you to be the holy people He loves, you must clothe yourselves with **tenderhearted mercy, kindness, humility, gentleness, and patience**. **Make allowance** for each other’s faults, and **forgive** anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Above all, clothe yourselves with **love**, which binds us all together in perfect **harmony**. And let the **peace** that comes from Christ **rule** in your hearts. For as members of one body you are called to **live in peace**. And always **be thankful**.” **Colossians 3:12-15 (NLT2)**

- **What will bring joy?**

“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” **Philippians 4:4-7 (NIV)**

➤ **Where is your mindset leading you?**

My next right step, I will:

- Read and journal personal applications from the book of Romans
- Transform my mind with: Righteousness Peace Joy
- Accept Jesus Christ as my Lord and Savior
- Be baptized as a believer on August 29, 2021
- Attend the BBQ at the Turley’s August 29, 2021

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Icebreaker for families: Who was your first “Boss”? Was this person easy to work for or a slave driver?

Big Idea: If we want real life change, we must allow God’s Word to transform us.

How To Have A Spiritual Mindset:

1. Realize I Am Responsible For My Mindset

Read Romans 12:2

What are some areas where I have allowed God to Change my thinking?

Read Romans 8:5-8

Describe the contrasts of our Sinful nature desires and outcomes, versus the Holy Spirit’s desires and outcomes.

2. I Must Starve My Fleshly Mindset

Read Romans 8:5-8

What are some desires that we struggle in submitting to God?

Read Romans 6:12-13

Getting more practical, what member of your body do you struggle with the most? Mind? Hands? Feet? Eyes? Your tongue?
What helps you to surrender to God?

Read 1 Timothy 1:19

Have you known someone who has shipwrecked their faith?

Which area of their conscience did they ignore?

Is there an area of your conscience that you are ignoring?

Read Galatians 5:19-21

Paul describes three areas of obvious sin that we struggle with.
Which area gives you the biggest struggle?
What helps you gain victory?

3. I Must Feed My Spiritual Mindset

Read Romans 8:5-9

What is the Holy Spirit directing you to do?

Read Romans 14:17-18

- **What is right?**

Read 2 Timothy 3:16-17

What is God's Word teaching you lately?

Where is God's Word correcting you?

Where is God's Word preparing you?

- **What will bring peace?**

Read Colossians 3:12-15

Which of these attributes needs to be on display in your family more often?

How much room do you give to others in their faults?

How can you help bring peace in your family?

- **What will bring joy?**

Read Philippians 4:4-7

What is your favorite worship song? Why?

What is your biggest need right now?

What can you give thanks to God for?

Pray for each other.