

**The Truth That Transforms: The Book Of Romans**  
**“The Truth About Freedom In Christ” Romans 8:1-4**  
**Cornerstone Church of Poway**  
**Pastor Ed Turley**  
**August 1, 2021**

**Big Idea:** If we want real life change, we must allow God’s Word to transform us.

**The Truth About Freedom In Christ:**

**1. I Am Free From The Penalty Of Sin**

“Therefore, there is now **no condemnation** for those who are **in Christ Jesus**,”  
**Romans 8:1 (NIV)**

“Yet God, with undeserved kindness, declares that we are righteous. He did this through Christ Jesus when he freed us from the penalty for our sins.”

**Romans 3:24 (NLT2)**

“**Godly sorrow** brings repentance that leads to salvation and leaves no regret, but **worldly sorrow** brings death.” **2 Corinthians 7:10 (NIV)**

“I tell you the truth, whoever hears my word and believes him who sent me has **eternal life** and **will not be condemned**; he has crossed over from death to life.”

**John 5:24 (NIV)**

Notes: \_\_\_\_\_

**2. I Am Free From The Power Of Sin**

“because **through Christ Jesus** the law of the Spirit of life **set me free** from the law of **sin and death**. For what the law was powerless to do in that it was weakened by the sinful nature, God did by **sending his own Son** in the likeness of sinful man to be **a sin offering**. And so he **condemned sin in sinful man**, in order that the righteous requirements of the law might **be fully met in us**, who do not live according to the sinful nature but **according to the Spirit**.”

**Romans 8:2-4 (NIV)**

“We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. For when we died with Christ **we were set free from the power of sin**.” **Romans 6:6-7 (NLT2)**

“Sin is no longer your **master**, for you no longer live under the **requirements of the law**. Instead, you live under the **freedom of God’s grace**.” **Romans 6:14 (NLT2)**

Notes: \_\_\_\_\_

### 3. I Am Free to Live A Transformed Life

“...who do not live according to the sinful nature but **according to the Spirit.**”  
**Romans 8:4b (NIV)**

“For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.” **Romans 5:5b (NLT2)**

“Don’t **copy** the **behavior and customs** of this world, but let God **transform** you into a new person by **changing the way you think**. Then you will learn to know God’s will for you, which is good and pleasing and perfect.” **Romans 12:2 (NLT2)**

“Not that I have already obtained all this, or have already been made perfect, but I **press on** to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: **Forgetting what is behind** and straining toward what is ahead, I **press on** toward the goal to win the prize for which God has called me heavenward **in Christ Jesus.**”

**Philippians 3:12-14 (NIV)**

#### In Christ:

- I am made right with God. Romans 3:22
- I am declared Righteous. Romans 3:24
- I am freed from the penalty of sin. Romans 3:24
- I am justified in Jesus’ death burial & resurrection. Romans 4:25
- All my sins are forgiven and will never be counted against me. Romans 4:7-8
- I have peace with God. Romans 5:1
- I have access to God’s grace. Romans 5:2
- God has given me His Holy Spirit. Romans 5:5
- I am loved by God despite of my sin. Romans 5:6-8
- I am saved from God’s wrath. Romans 5:8-9
- I am reconciled with God into a loving relationship. Romans 5:11
- I have an abundant provision of Grace. Romans 5:17
- I have the power to live a new life. Romans 6:4-5
- I am set free from the power of sin. Romans 6:6-7
- I do not fear death because I will live in heaven with Jesus. Romans 6:8
- I receive the gift of eternal life. Romans 6:23
- I am set free from the domination of sin and death Romans 7:24-25

Notes: \_\_\_\_\_

➤ **Am I living in condemnation or freedom?**

#### **My next right step, I will:**

- [ ] Accept Jesus Christ as my Lord and Savior
- [ ] Read and journal personal applications from the book of Romans
- [ ] Follow Jesus in Believer’s Baptism August 29
- [ ] Engage in fellowship by attending BBQ at the Turley’s August 29

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**Icebreaker for families:** When you were young, who influenced you the most to change your behavior? Who influences you the most in your clothing selection? Music?

**Big Idea:** If we want real life change, we must allow God’s Word to transform us.

**The Truth About Freedom In Christ:**

**1. I Am Free From The Penalty Of Sin**

**Read Romans 8:1**

How would you explain the gospel to someone who feels they are not good enough?

How does this verse help you?

**Read Romans 3:24**

What is God’s attitude towards us? What did He do for us?

**Read 2 Corinthians 7:10**

What is the difference between godly sorrow and worldly sorrow?

Where do you normally find yourself?

**Read John 5:24**

What promise does Jesus give? Is this temporary or eternal?

**2. I Am Free From The Power Of Sin**

**Read Romans 8:2-4**

Why couldn’t the law change us?

How is the law met in us?

**Read Romans 6:6-7; 14**

How are we set free from the power of sin?

### **3. I Am Free To Live A Transformed Life**

#### **Read Romans 8:4b**

How does God help us live the transformed life?

#### **Read Romans 5:5**

Which attribute does the Holy Spirit begin to change our hearts with?

#### **Read Philippians 3:12-14**

What does this passage teach you about living the transformed life?

#### **Read Romans 12:2**

How is God changing the way you think?

Which of these truths speak the loudest to you?

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Close in prayer:

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