

**A Revival Of Our Hearts (#5)
 “Being An Active Listener”
 Cornerstone Church Of Poway
 Pastor Ed Turley
 May 10, 2020**

Big Idea: We need a revival in our hearts and homes that changes our lives.

“Come close to God, and God will come close to you.” **James 4:8a (NLT2)**

Remember Verse

“Understand this, my dear brothers and sisters: You must all be **quick to listen, slow to speak**, and **slow to get angry**. Human anger does not produce the righteousness God desires.” **James 1:19-20 (NLT2)**

“If you claim to be religious but **don’t control your tongue**, you are fooling yourself, and **your religion is worthless**.” **James 1:26 (NLT2)**

I Will Be An Active Listener By:

1. Considering Where The Other Person _____

“Understand this, my dear brothers and sisters: You must all be **quick to listen...**”

James 1:19a (NLT2)

Family of Origin

Unpredictable ___
 Chaotic ___
 Dismissive ___
 Abusive ___
 Strict ___

Coping Tools / Protectors

Analytical ___
 Controlling ___
 Apathetic ___
 Explosive ___
 People pleaser ___

“Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the **unity** of the Spirit through the bond of **peace**.”

Ephesians 4:2-3 (NIV)

“**Search me**, O God, and know my heart; test me and know my anxious thoughts. See if there is any **offensive** way in me, and **lead me** in the way everlasting.”

Psalms 139:23-24 (NIV)

Why am I escalating the issue? _____

Why are they escalating the issue? _____

2. Asking Questions For _____

“Understand this, my dear brothers and sisters: You must all be **quick to listen, slow to speak...**” **James 1:19b (NLT2)**

“You husbands in the same way, live with *your wives* in an understanding way.”
1 Peter 3:7 (NASB)

“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.”

1 Corinthians 13:4-8 (NIV)

Current need: _____

Deeper need: _____

❖ Repeat back your understanding of their need until you get it right.

3. Making Room For _____

“Understand this, my dear brothers and sisters: You must all be **quick to listen, slow to speak, and slow to get angry.** Human anger does not produce the righteousness God desires.” **James 1:19-20 (NLT2)**

“If you claim to be religious but **don’t control your tongue**, you are fooling yourself, and **your religion is worthless.**” **James 1:26 (NLT2)**

“Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Make allowance for each other’s faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.” **Colossians 3:12-13 (NLT2)**

Notes: _____

➤ Where do I need to improve in becoming an active listener?

I will be an active listener by:

- [] Considering where the other person is coming from
- [] Asking questions for deeper understanding
- [] Making room for grace



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Family Corner: [Choose one day this week to ask questions to go deeper in faith as a family. Try this over dinner. Keep it to 12 minutes or less.]

Small Groups: [Choose as many questions that honors your group's time commitment]

Open in Prayer:

- What thoughts from this week's message encourages me to live a life for Jesus?

Icebreaker: Share one thing you appreciate about each of your family members?

Big Idea: We need a revival in our hearts and homes that changes our lives.

"Come close to God, and God will come close to you."

James 4:8a (NLT2) Remember Verse (Try to memorize this)

Read James 1:19-20

I Will Listen To Understand By:

1. Considering Where The Other Person Is Coming From

Family of Origin

- Unpredictable ___
- Chaotic ___
- Dismissive ___
- Abusive ___
- Strict ___

Coping Tools / Protectors

- Analytical ___
- Controlling ___
- Apathetic ___
- Explosive ___
- People pleaser ___

What kind of Family of Origin did you grow up in?

How does that affect your communication skills?

What coping response is the current situation bringing out in me?

Read James 1:19-20

What triggers you to be quick to speak or become angry?

What helps you to listen better?

What is something you could get rid of that would help you listen better to others?

Read Ephesians 4:2-3

What is the difference between a peacekeeper and a peacemaker?

How can you be gentle in your next conflict?

Read and then pray back this verse: Psalm 139:23-24

Is God pointing out an area that needs change?

What causes you the most anxiety in this current pandemic?

What do you think is the greatest cause of anxiety in other family members?

Why does fear sometimes cause you to escalate a conflict?

2. Asking Questions For Deeper Understanding

Read 1 Peter 3:7

Why is it important to live with understanding of each other?

What is something you often overlook?

Read 1 Corinthians 13:4-8

Which attribute of love is the most difficult for you to master?

Why do you think that is?

Which attribute does your family member need the most right now?

Spouse?

Parents?

Children?

What is a current need in your relationship that has a deeper issue?

How can you meet that need better?

3. Making Room For Grace

Re-read James 1:19-20

What is God saying to you?

Read Colossians 3:12-13

Which of these attributes listed would make the biggest impact in your relationships?

Close in Prayer: Start praying. Be bold and pray specifically.
