

Mindset
“Mindset Of Gratitude”
Cornerstone Church of Poway
Pastor Ed Turley
March 29, 2020

Big Idea: Understanding **who Christ is**, and **who we are in Him**, will empower us to live out our new identity.

“Set your **mind** on the things above, not on the things that are on earth. For you have died and your life is **hidden with Christ** in God.”

Colossians 3:2-3 (NASB) Remember Verses

Key Thought: “Gratitude turns what we have into enough.”

“As Jesus continued on toward Jerusalem, He reached the border between Galilee and Samaria. As He entered a village there, ten lepers stood at a distance, crying out, “**Jesus, Master, have mercy on us!**” He looked at them and said, “Go show yourselves to the priests.” And as they went, they were **cleansed** of their leprosy. One of them, when he saw that he was healed, **came back to Jesus**, shouting, “Praise God!” He fell to the ground at Jesus’ feet, **thanking him** for what he had done. This man was a **Samaritan**. Jesus asked, “Didn’t I heal ten men? **Where are the other nine?** Has no one returned to **give glory to God** except this foreigner?” And Jesus said to the man, “Stand up and go. Your **faith** has healed you.”

Luke 17:11-19 (NLT2)

Three Statements That Will Help Me Choose Gratitude:

1. I Know Every Good Thing I Have _____

“Every good and perfect **gift** is from above, coming down from the Father of the heavenly lights, who does not change like **shifting shadows**. He chose to give us **birth** through the word of truth, that we might be a kind of firstfruits of all He created.” **James 1:17-18 (NIV)**

Notes: _____

2. I Will Not Let What I Want, _____

“I have learned to be **content** whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being **content** in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through Him who gives me strength.”

Philippians 4:11-13 (NIV)

Notes: _____

3. I Will Turn Every Blessing I Have _____

“Let all that I am **praise** the LORD; may I never **forget** the good things He does for me. He **forgives** all my sins and **heals** all my diseases. He **redeems** me from death and **crowns me with love** and **tender mercies**. He **fills** my life with good things. My youth is renewed like the eagle’s!” **Psalm 103:2-5 (NLT)**

“And always be **thankful**. Let the message about Christ, in all its richness, fill your lives. **Teach** and **counsel** each other with all the wisdom he gives. **Sing** psalms and hymns and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a **representative** of the Lord Jesus, giving **thanks** through him to God the Father.” **Colossians 3:15b-17 (NLT)**

Notes: _____

- How will you become more Grateful?

My next right step, I will be grateful by:

- Writing at least two thank-you notes this week: one to God and one to someone who’s blessed me.
- Practicing patience
- Showing tolerance to others

Study notes, next page...

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Family Corner: [Choose one day this week to ask questions to go deeper in faith as a family. Try this over dinner. Keep it to 12 minutes or less.]

Small Groups: [Choose as many questions that honor your group's time.]

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Open in Prayer:

Icebreaker: What is something that you are truly grateful about?
 How can gratitude improve your mental health?

- What thoughts from this week's message encourage you to live a life for Jesus?

Start thinking. Ask questions to get your group thinking.

Discussion Questions:

Key Thought: “Gratitude turns what we have into enough.”

Read Luke 17:11-18

How are you living like the grateful leper?

How are you living like the other nine?

What do you think greater gratitude could unlock in your life?

Start sharing. Choose questions that create openness.

Share a thing or a person you're grateful for. Share the story of how it/they came into your life. Do you see God in it?

What is something you really want?

How is your desire affecting your view of what you have?

Thinking back. What are some blessings you didn't realize?
Share your newfound praise.

Read the three grateful statements:

1. I Know Every Good Thing I Have Comes From God.

Read James 1:17-18

How does this passage help you know God better?

2. I Will Not Let What I Want, Rob Me Of What I Have.

Read Philippians 4:11-13

Paul was in a Roman prison when he wrote this. What is his secret of being content?

3. I Will Turn Every Blessing I Have Into Praise.

Read Psalm 103:2-5

What are some blessings you need to praise God for?

Which is the hardest to grasp?

What's something keeping you from living it?

Start digging. Read Scripture about being grateful.

Read Psalm 118:22-26

What is this passage about?

Could the lack of gratitude keep you from knowing God?

Read Psalm 136 (alternating between readers)

What do you learn from this passage?

Read Colossians 3:15-17

What are some practical steps to be grateful?

Close in Prayer: Start praying. Be bold and pray specifically.
