

Enough. (1 of 7)  
 “Finding Peace”  
 Cornerstone Church of Poway  
 Pastor Ed Turley  
 October 13, 2019

Make a list of all my worries: \_\_\_\_\_  
 \_\_\_\_\_

**Worry Weighs Us Down**

“That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? Can all your worries add a single moment to your life?”

**Matthew 6:25-27 (NLT2)**

**Big Idea:** We will never find what we really need until God is enough.

**To Find Peace, I Must:**

**1. Trust God To \_\_\_\_\_.**

“The LORD is my shepherd; I have all that I need.”

**Psalms 23:1 (NLT2) Remember Verse**

➤ **A Shepherd \_\_\_\_\_.**

“So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.” **Matthew 6:31-32 (NLT2)**

“Don’t worry about anything; instead, **pray** about everything. Tell God what you need, and thank him for all He has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.” **Philippians 4:6-7 (NLT2)**

Notes: \_\_\_\_\_

➤ **A Shepherd \_\_\_\_\_.**

“But **seek first his kingdom** and His righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.” **Matthew 6:33-34 (NIV)**

**Turn to God first for help:**

- Fill your \_\_\_\_\_ with His desires.
- Take His \_\_\_\_\_ for your pattern of living.
- \_\_\_\_\_ and obey Him in everything.

**"Trust** in the Lord with all your heart and lean not on your own understanding; in all your ways **acknowledge Him**, and He will **make your paths straight.**"  
**Proverbs 3:5-6 (NIV)**

Notes: \_\_\_\_\_

➤ **A Shepherd \_\_\_\_\_.**

"All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work." **2 Timothy 3:16-17 (NLT2)**

"Now may the God of peace— who brought up from the dead our Lord Jesus, the **great Shepherd** of the sheep, and ratified an **eternal covenant** with His blood— may He **equip** you with all you need for doing **His will**. May he produce in you, through the power of Jesus Christ, every good thing that is pleasing to Him. All glory to Him forever and ever! Amen." **Hebrews 13:20-21 (NLT2)**

Notes: \_\_\_\_\_

➤ **A Shepherd \_\_\_\_\_.**

"I am the good shepherd. The **good shepherd** lays down his life for the sheep. The hired hand is not the shepherd who owns the sheep. So when he sees the wolf coming, he abandons the sheep and runs away. Then the wolf attacks the flock and scatters it. The man runs away because he is a hired hand and cares nothing for the sheep." **John 10:11-13 (NIV)**

"I am the good shepherd; **I know my sheep** and my sheep **know me**-- just as the Father knows me and I know the Father--and **I lay down my life** for the sheep."  
**John 10:14-15 (NIV)**

"Make **thankfulness** your sacrifice to God, and keep the vows you made to the Most High. Then **call** on me when you are in trouble, and I will **rescue** you, and you will give me glory." **Psalms 50:14-15 (NLT2)**

**My biggest worry is...** \_\_\_\_\_

**Is there something I need to act on?** \_\_\_\_\_

➤ **Will I trust God be my Shepherd?**

**My next right step, I will:**

[ ] Trust God to Provide

[ ] Trust God to Guide

[ ] Trust God to Correct

[ ] Trust God to Protect

[ ] Accept Jesus as my Lord and Savior

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**Family Corner:** [Choose one day this week to ask questions to go deeper in faith as a family. Try this over dinner. Keep it to 12 minutes or less.]

**Small Groups:** [Choose as many questions that honors your group's time commitment]

**Open in Prayer:**

➤ What thoughts from this week's message encouraged you to live a life for Jesus?

**Icebreaker:** What do I tend to worry about the most?

**Worry Weighs Us Down**

**Matthew 6:25-27**

What does worry do for us?

What does Jesus want us to understand?

**Big Idea:** We will never find what we really need until God is enough.

**To Find Peace, I Must:**

**1. Trust God To Be My Shepherd.**

**Read Psalm 23:1**

What does it mean to have God as my Shepherd?

➤ **A Shepherd Provides.**

**Read Matthew 6:31-32**

How does Jesus contrast believers and unbelievers?

How would you rate your trust in God as your provider?

**Read Philippians 4:6-7**

How can we experience more peace?

Share some prayers God has answered?

➤ **A Shepherd Guides.**

**Read Matthew 6:33-34**

What would it mean to seek God's kingdom first?

How can you fill your thoughts with His desires?

Which character trait do I need to pattern in my life?

Where can I serve Jesus?

How well do you do at living one day at a time?

**Read Proverbs 3:5-6**

If I want God to straighten my paths, what must I do?

➤ **A Shepherd Corrects.**

**Read 2 Timothy 3:16-17**

What should be my attitude in reading God's Word?

How willing have I been to let God correct me?

**Read Hebrews 13:20-21**

What has God done to bring us peace?

What does God want to do through us?

➤ **A Shepherd Protects.**

**Read John 10:11-13**

How does Jesus describe himself to us?

What is His promise to us?

**Read John 10:14-15**

What stands out to you in this passage?

**Read Psalm 50:14-15**

What is God asking me to do?

**My biggest worry is...** \_\_\_\_\_

**Is there something I need to act on?** \_\_\_\_\_

**Close in Prayer:** Start praying. Be bold and pray specifically.

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