

**True Gospel: True Freedom (5 of 8)**  
**“Freedom Through Surrender”**  
**Cornerstone Church of Poway**  
**Pastor Ed Turley**  
**September 1, 2019**

**Big Idea:** Freedom comes not from rules or the lack of rules but from a personal relationship with Jesus who loves me and gave His life for me.

**To Experience Freedom, I Must Understand I Am:**

**1. In A Daily Spiritual Tug-Of-War Of \_\_\_\_\_**

“The sinful nature wants to do evil, which is just the **opposite** of what the Spirit wants. And the Spirit gives us **desires** that are the opposite of what the sinful nature **desires**. These two forces are **constantly fighting** each other, so you are not free to carry out your good intentions.” **Galatians 5:17 (NLT2)**

➤ **If I Follow My \_\_\_\_\_, It Will Lead To \_\_\_\_\_**

“Those who live only to satisfy their own sinful nature will **harvest decay and death** from that sinful nature.” **Galatians 6:8a (NLT2)**

**Sexual Sins:**

“When you follow the **desires** of your sinful nature, the **results** are very clear: sexual immorality, impurity, lustful pleasures...” **Galatians 5:19 (NLT2)**

**Spiritual Sins:**

“...idolatry, sorcery...” **Galatians 5:20a (NLT2)**

**Relational Sins:**

“...hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone **living** that sort of life will not inherit the Kingdom of God.” **Galatians 5:20b-21 (NLT2)**

Notes: \_\_\_\_\_

➤ **If I Follow The Holy Spirit’s Desires, It Will Lead To \_\_\_\_\_**

“So I say, let the Holy Spirit **guide** your lives. Then you won’t be doing what your sinful nature craves.” **Galatians 5:16 (NLT2)**

“But those who **live to please** the Spirit will harvest **everlasting life** from the Spirit.” **Galatians 6:8b (NLT2)**

Notes: \_\_\_\_\_

## How Do I Win At This Spiritual Tug-Of-War?

### 1. Make A \_\_\_\_\_ Time With God A \_\_\_\_\_

“You are already clean because of the **word** I have spoken to you. **Remain** in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.” **John 15:3-4 (NIV)**

Notes: \_\_\_\_\_

### 2. \_\_\_\_\_ My Thoughts

“Those who are dominated by the sinful nature **think** about sinful things, but those who are **controlled** by the Holy Spirit **think** about things that please the Spirit. So letting your sinful nature control your **mind** leads to death. But letting the Spirit control your **mind** leads to **life and peace.**” **Romans 8:5-6 (NLT2)**

“But the Holy Spirit **produces** this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things! **Galatians 5:22-23 (NLT2)**

Notes: \_\_\_\_\_

### 3. \_\_\_\_\_ My Passions And Desires To The Holy Spirit

“Those who belong to Christ Jesus have **nailed the passions** and desires of their sinful nature **to his cross** and crucified them there. Since we are living by the Spirit, let us **follow** the Spirit’s leading in **every part of our lives.**”  
**Galatians 5:24-25 (NLT2)**

“My old self has been **crucified** with Christ. It is no longer I who live, but **Christ lives in me.** So I live in this earthly body by **trusting** in the Son of God, who loved me and gave himself for me.” **Galatians 2:20 (NLT2) Remember Verse**

Notes: \_\_\_\_\_

### ➤ Which desires am I living to please?

#### My next right steps to freedom, I will:

Read Bible-YouVersion Plans:

Walk Through The Bible 365

Living Room Reset with Kirk Cameron

Surrender with:  love  joy  peace  patience  kindness

goodness  faithfulness  gentleness  self-control

Visit a small group (Wednesday Family Night-5:45 pm)

Volunteer to shadow for a day:  Kids  Teens  Tech  Worship  Admin

Café  Prayer Quilt  First Impressions

Share my story of faith [email to: [cornerstonepoway1@gmail.com](mailto:cornerstonepoway1@gmail.com)]

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**Family Corner:** [Choose one day this week to ask questions to go deeper in faith as a family. Try this over dinner. Keep it to 12 minutes or less.]  
**Small Groups:** [Choose as many questions that honors your group’s time commitment]

**Open in Prayer:**

**Icebreaker:**

On a scale of 1 to 10, how many “wild oats” did you sow when you were younger?

➤ What thoughts from this week’s message encouraged you to live a life for Jesus?

**To Experience Freedom, I Must Understand I Am:**

**1. In A Daily Spiritual Tug-Of-War Of Desires**

**Read Galatians 5:16-17**

Why is it important to understand that we will always have a spiritual tug of war?

If we are made alive by the Spirit, why do we still struggle with sin?

➤ **If I Follow My Sinful Desires, It Will Lead To Destruction**

**Read Galatians 5:19-21**

Is it possible to live a lifestyle of the acts of the sinful nature and be a Christian?

Why or why not?

**How Do I Win At This Spiritual Tug-Of-War?**

**1. Make A Daily Time With God A Routine**

**Read John 15:3-4**

What helps me grow in my relationship with Jesus?

What kind of Bible reading plan works best for me?

## **2. Direct My Thoughts**

### **Read Romans 8:5-6**

In this verse, where will the battle for the way you act be won?

What do I do when my thoughts are being dominated by things that are against God?

How can we let the Holy Spirit control our minds better?

### **Read Galatians 5:22-23**

Which fruit of the Spirit is ripening easier?

Which fruit of the Spirit is the most difficult? Why do think?

## **3. Surrender My Passions And Desires To The Holy Spirit**

### **Read Galatians 5:24-25**

What does it mean for us to “nail our passions and desires to the cross”?

What is the biggest change God has made in your life?

### **Read Galatians 2:20 Remember Verse**

What motivates me to live a good life?

**Close in Prayer:** Start praying. Be bold and pray specifically.

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