

**Building Our Family Values: 2 of 5**  
**“Building Our Value Of Fun”**  
**Cornerstone Church of Poway**  
**Pastor Ed Turley**  
**June 23, 2019**

Sermon Teaching

“Follow my example, as I follow the example of Christ.” **1 Corinthians 11:1 (NIV)**  
**Remember Verse**

**Big Idea:** To build my family values on a firm foundation, I must love God personally and practically.

“People were bringing little children to Jesus to have him touch them, but the disciples rebuked them. When Jesus saw this, he was indignant. He said to them, “Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. I tell you the truth, anyone who will not receive the kingdom of God like a little child will never enter it.” And he took the children in his arms, put his hands on them and blessed them.” **Mark 10:13-16 (NIV)**

**As the \_\_\_\_\_ family, we will build our value of fun when we:**

**1 . Divert \_\_\_\_\_ – Everyday we’ll do something fun.**

“Don’t just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good. Love each other with **genuine affection**, and take delight in **honoring** each other.” **Romans 12:9-10 (NLT2)**

“Being cheerful keeps you healthy. It is a slow death to be gloomy all the time.”  
**Proverbs 17:22 (TEV)**

- To start meaningful discussions, ask open-ended questions.
- Play a game - Would You Rather?
- Shoot hoops, play catch
- Enjoy a meal together
- Watch something together
- Go for a walk together

Notes: \_\_\_\_\_

**2 . Withdraw \_\_\_\_\_ – Unplug one day a week.**

“Now listen, you who say, “Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money.” Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. Instead, you ought to say, “If it is the Lord’s will, we will live and do this or that.” **James 4:13-15 (NIV)**

“Don’t wear yourself out trying to get rich. Be wise enough to know when to quit. In the blink of an eye wealth disappears, for it will sprout wings and fly away like an eagle.” **Proverbs 23:4-5 (NLT)**

“So I recommend **having fun**, because there is nothing better for people in this world than to eat, drink, and **enjoy life**. That way they will experience some **happiness** along with all the **hard work** God gives them under the sun.” **Ecclesiastes 8:15 (NLT)**

“So I concluded there is nothing better than to be happy and enjoy ourselves as long as we can. And people should eat and drink and enjoy the fruits of their labor, for these are gifts from God.” **Ecclesiastes 3:12-13 (NLT)**

- Date your spouse weekly
- Go on a picture scavenger hunt
- Develop common interests together
- Taco Tuesday, Pancake Breakfast, Netflix & Popcorn, Go on a hike
- Unplug at least once weekly from personal devices.
- Begin to evaluate what you do as either “Oh Yeah!” or “Maybe not”.

Notes: \_\_\_\_\_

### **3 . Abandon \_\_\_\_\_ – Get away for an extended time with your family.**

“Be very careful, then, how you live--not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is.” **Ephesians 5:15-17 (NIV)**

“Unless the LORD builds a house, the work of the builders is wasted. Unless the LORD protects a city, guarding it with sentries will do no good. It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to his loved ones.” **Psalms 127:1-2 (NLT)**

- Go camping
- Road trip
- Travel

➤ **How will we improve our family value of fun?**

#### **My next right step, I will:**

- [ ] Do something fun daily: \_\_\_\_\_
- [ ] Unplug one day a week: \_\_\_\_\_
- [ ] Get away for an extended time: \_\_\_\_\_
- [ ] Download FamilyLife Today® podcast
- [ ] Accept Jesus as my Lord and Savior

# Family Fun Activity Sheet

High/Low Game

Play the high/low game at the dinner table tonight. Ask each of your children what the high point of their day was and what the low point of their day was. Be sure to celebrate the highs together and work on how to handle or avoid the low points next time.

Would You Rather

Would you rather...? Why?

Build Something Together!

Go to your local home improvement store and look for free building workshops and classes to do with your children on the weekends. Start this week!

Facebook Family

Create a Facebook group just for your family. Post pictures and updates

Family History Tour

Give your children the tour of your life. Show them where you grew up, went to high school, etc. If it's not local, see if you can find everything on Google Earth!

Family Blog

Create a family newsletter or blog! Assign writers, editors, and have fun telling others what's going on in your family's lives!

Picture Scavenger Hunt

Take a picture of your family together: with a Firemen, with a Police Officer, climbing a tree, on a slide together, on a teeter-totter, jumping in mid-air, giving a group hug, as a group with only everyone's head, striking their best yoga pose, with a frightened look on their face, with their tongues out, wearing a different hat, think of some of your own: \_\_\_\_\_

Bonus: Video everyone singing "I'm a little tea pot" including making motions.

Video: make up your own: \_\_\_\_\_

Scrapbook a family event

Encouraging Notes

Have each family member write a note to one another today saying what they love about each other. Place the notes in areas where they will be sure to be found.

[ ] Facebook Achievement Day

Choose a day this week to share your children's achievements on Facebook. Read back to your children all the positive comments people post to your wall.

[ ] Theme Song Just For You

Choose a theme song for each member of your family that reflects them best.

[ ] Lunch Notes

Place an encouraging note in your children's lunch today.

[ ] Themed Dinner Night

Try something new! Have a themed dinner night around a cuisine from a different country or use an old family recipe.

[ ] Family Mystery-item Dinner!

Have your children be a part of family dinner planning! Go to the grocery store and have your children pick out a food item of their choice. Build the meal around that item and prepare the meal together when you get home.

[ ] Family Slumber Party!

Have your children grab the mattresses off their beds and have a huge family slumber party! Eat junk food and have fun together as a family!

[ ] Playground Hop!

Choose a day where you map out all the local parks in your area. Hop from park to park, staying and playing at each one for 15-20 minutes. Take pictures!

[ ] Family Dance Party!

Create your own signature family dance move, learn how to ballroom dance, cha-cha, or just turn up the music loud and freestyle!

[ ] Quirky Quote Book

On your next family vacation, keep a list of all the funny things that you did and were said on your time away. When you get back home, read over all the fun memories!

[ ] Family Camp-In

Have a camp-in inside your home. Grab a tent and sleeping bags and have some fun camping-in! For younger children, use your furniture and as many blankets as you can find to create tents and mazes for your children. Get on the floor and play with them!